

Positive Communication

Character Education Quickies

Time: 5 minutes

Materials: None

Body Language Charades

Ask for volunteers to role-play the following emotions and non-verbal actions and have the class guess what the message is:

happy
angry

sad
embarrassed

scared
nervous

surprised
proud

thumbs up
eye-roll

thumbs down
"ok" sign

wave
"sshhh"

hands on hips
"come here"

Body language speaks louder than words.

Be sure your words and body language send the same message.